

Premarital and Marriage Mentor Training

Discover

20 major premarital/marital categories in the mentoring program.

Expand

Your knowledge about the couples you mentor using the couple assessment.

Learn

How to teach couples the six couple exercises and help them build their insights and relationship skills.

Improve

Your mentoring skills with premarital and married couples.

All the NMMFP services are **FREE!!** We are working to train premarital and marriage mentor couples to work with the NMMFP. Call the office for future course dates or call to register.

What others say about the training:

Clergy:

“As a pastor, I wish I had been using premarital/marital mentoring for the last 20 years. As a seminary faculty member, I will encourage my students to get mentor training and use an assessment in working with couples.”

Marriage Educators:

“Exceptional training, the best thing in premarital/marriage counseling that I’ve come across.”

Marriage Mentors:

“Becoming a mentor is a very rewarding experience. I wish mentoring would have been available when we got married!”

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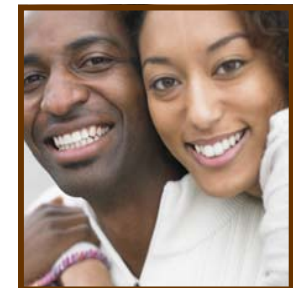
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Premarital and Marriage Mentor Training

Offered by:

New Mexico Marriages First Project (NMMFP)



Training Date: Saturday, April 26th, from 9:00 am to 5:00 pm at Church Alive! Childcare Provided!
4601 Avocet Road NW Albuquerque, New Mexico

Call to register: 505-891-1846

Mentor Training Program Goals

- Discover strengths and growth areas for a couple;
- Build couple communication skills;
- Teach Ten Steps for Resolving Couple Conflict;
- Explore a couple's family-of-origins traits;
- Encourage financial budgeting and planning; and
- Facilitate personal, couple and family goals.
- And MUCH MORE!!

Couple Inventories Assess 20 Categories

Each couple inventory contains 165 items assessing relationship strength and growth areas for several categories including:

Communication
Conflict Resolution
Personality Issues
Marriage Expectations
Financial Management
Leisure Activities
Children/Parenting
Family/Friends

The Training Will Teach You How To:

- Easily connect with a couple;
 - Interpret and use the couple's assessment;
 - More effectively mentor premarital and married couples; and
 - Teach couples six effective marriage education activities.

Workshop participants will receive a certificate of attendance that may be used as evidence of having participated in this 8-hour educational seminar.

Training Materials Provided at the Workshop:

- **PREPARE/ENRICH Mentor's manual - 100 pages** : Contains all the information covered in the 8-hour workshop.
- **Sample Couple Inventory (Assessment):** PREPARE (for premarital couples).
- **Building A Strong Marriage Workbook:** Resources to improve a couple's marriage.

User Friendly Mentoring Materials You Receive with Each Assessment:

- **Computer Report for assessing the couple's relationship—15 pages:** Summarizes scores on 20 premarital/marital categories. Provides "his" and "her" view of the relationship.
- **Mentor Feedback Guide:** Step by step guide for each mentor session.
- **Building A Strong Marriage Workbook - For Couples:** Couples use workbook to complete Six Couple Exercises. Contains resources to improve marriage - 25 pages.