

What Can NMMFP Do For You?

The NMMFP offers a range of services, including the following:

- Premarital education and marriage skills training. Training for engaged couples or others interested in marriage;
- Marriage enrichment and marriage skills training events for married couples that focus on resolving conflict, improving communication and increasing marital stability;
- Marriage mentoring programs, which use married couples as role models and mentors in communities at risk. The NMMFP will train mentor couples to work in this capacity.
- Provision of marriage education programs for students, churches, service providers, non-profit organizations, synagogues and businesses.

Please contact us if you would like to assist with this project!



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New Mexico Marriages First Project

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Working Together to Build Strong Marriages in the Community!



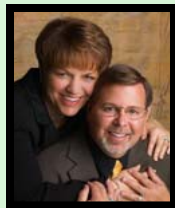
New Mexico Marriages First Project (NMMFP) is funded through a Healthy Marriage Demonstration Grant through the Federal Department of Health and Human Services.

Call us at:
505 - 891-1846

What is the New Mexico Marriages First Project ?

The NMMFP serves couples across all age groups and ethnicities in Bernalillo and Sandoval Counties. The Project goal is to provide culturally appropriate marriage education, marriage enrichment projects, and programs that explore positive relationship models to married couples, engaged couples, couples interested in marriage and teenagers, thus strengthening marriage and reducing the incidence of divorce. Through partnerships with community agencies, NMMFP will help interested couples gain greater access to marriage education services enabling them to acquire skills to form and sustain healthy marriages.

Michael &
Rebecca Holland,
Project Directors
for the NMMFP



Project Objectives:

Objectives for the project are as follows:

- Publicly advertise the value of marriage and the skills needed to increase marital stability through advertising campaigns.
- Create and distribute healthy marriage newsletters.
- Educate high school students in area high schools on the value of marriage, relationship and marriage skills such as budgeting, conflict resolution, priorities and goal setting.
- Serve couples through premarital education and marriage skills training.
- Serve couples through marriage education and marriage enrichment projects.
- Train mentor couples to work with premarital couples, couples interested in marriage and couples in crisis.

Putting Marriage First

The impact of divorce is obvious and enormous. Not only is it devastating to couples, but it is particularly destructive to children. Children of divorced parents are twice as likely to drop out of school, three times as apt to have a baby out of wedlock and twelve times as likely to be incarcerated than those from intact homes. Sadly, the reported divorce rate in New Mexico is nearly double that of the national rate, with only four states reporting higher divorce figures. The good news is that research shows that relationship skills can be learned. Once learned, these skills can facilitate communication between marriage partners,

helping them to avoid conflict and reducing domestic violence, child abuse, divorce and its impacts. The NMMFP promotes and delivers the skills and education needed to help all couples put their Marriage First.



ALL SERVICES ARE FREE
AND PARTICIPATION IS
VOLUNTARY!

If you would like further information or would like to talk to someone about premarital/ marital education, please contact:

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